

Sew Like My Mom Pillowcase Dress Tutorial

This pattern is for personal and charitable use only. Finished product is not to be sold for profit. Thank you!

Property of Sew Like My Mom and Melissa Uribe

Since originally posting this tutorial, I've come up with a cutting and sizing chart to make it easier to figure out fabric for different sizes.

SIZE	WIDTH	LENGTH	FINISHED LENGTH
6m	15"	18"	14"
12m	15"	19"	15"
18m	18"	20"	16"
24m	18"	22"	18"
2	22"	24"	20"
3	22"	25"	21"
4	22"	26"	22"
5	22"	28"	24"
6	22"	29"	25"
7	22"	30"	26"
8	22"	31"	27"

I've also posted an updated tutorial on making this <u>simple version of a pillowcase dress</u> using a serger:



The measurements for this dress are a 2T/3T, but it's really easy to measure for any size. Determine the finished length you want, for me it was 20", then add 4" to it for seam allowances. The width of the fabric is the width we're using. So lay out your fabric and cut to your desired length.



Make sure your selvages match up,



then cut the fabric in half up the side.



Take both pieces to the ironing board and fold the side over 1/3"-ish. I don't measure, I just fold. Iron it down.



Then fold it over again and iron.



Repeat for the other side, and both sides on the other piece.



Then sew all 4 sides at 1/4" seam allowance.



Next, make the casing for your ribbon. The size of the casing will depend on the width of the ribbon you use. My ribbon is 5/8" so I'm making a 1" casing. I like to have extra room around the ribbon, and a little extra room for my seam.

So fold the fabric down 1" and iron.



Fold down again and iron.



Repeat for the other side.





Stitch them both down along the bottom of the casing.

Now put right sides together, and measure down from the top of the casing 6". If you're making a bigger dress, you'll want to measure down further. This is your arm hole. If you're unsure how big to make it, measure a **tshirt** in their current size. Don't use a fitted knit shirt, but a tshirt, to allow for wiggle room.



I pin the pieces together at my 6" mark for reference.



Then starting at the pin, sew just inside the previous seam (for me this is 3/8"), to the bottom of the dress. Repeat on both sides.



Open the seam and iron it flat on each side.



Now to hem the dress. Fold up from the bottom 1" and iron.



Fold up another inch and iron again.



Sew the hem down.



For the ribbon, I use a piece on each side and I make it twice as long as the dress is wide.



Attach a safety pin to the end and feed the ribbon through the casing.





I fold the dress in half and make sure the ribbon sticks out equally on each side.

Then I pinch it in the middle to make a little crease.



And use that as a guide to sew a little seam in the middle of the casing to hold the ribbon in place.



Repeat on the other side and you're done!! Heat seal the ends of the ribbon to prevent fraying. To do this, hold the ribbon near, but not in, a flame. It'll melt the end and seal it off.